



OLDENBURG 2025

MedsAbroad

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MedsAbroad Project

MedsAbroad is a in 2024 newly founded association run by 3rd and 4th year students of the medical faculty of Oldenburg. We are officially approved by our university's deanery and part of our faculty's medical student association which is part of the German IFMSA-NMO (bvmd).

Even though we may not be experienced in organizing an exchange yet we are highly motivated, efficient and structured. - Just as Germans are always described. :) Many of us have spent a semester abroad in Groningen where we had insights in a Dutch twinning project group. Our aim is to enable our fellow students to broaden their horizons and show them how health systems can diverge. Additionally, we want to create a memorable and fun experience for everyone involved. If you're hooked, write us, we'll appreciate it!



Ellen



Anna



Emma



Jule



Julia



Johanna B.



Johanna W.



About Germany

We warmly invite you to **Northwestern Germany**, a region where rich maritime history meets modern innovation and vibrant city life blends with breathtaking landscapes!



The North Sea coastline is a gateway to adventure and tranquility, with its iconic East Frisian Islands offering a peaceful, car-free escape. The **Wadden Sea National Park**, a UNESCO World Heritage Site, invites you to experience mudflat hiking, seal watching, and bird spotting in one of the world's most unique coastal ecosystems.

Frisian culture thrives here, reflected in its charming thatched-roof houses, local traditions like a specific tea ceremony, and the “**Plattdeutsch**” dialect (Low German).



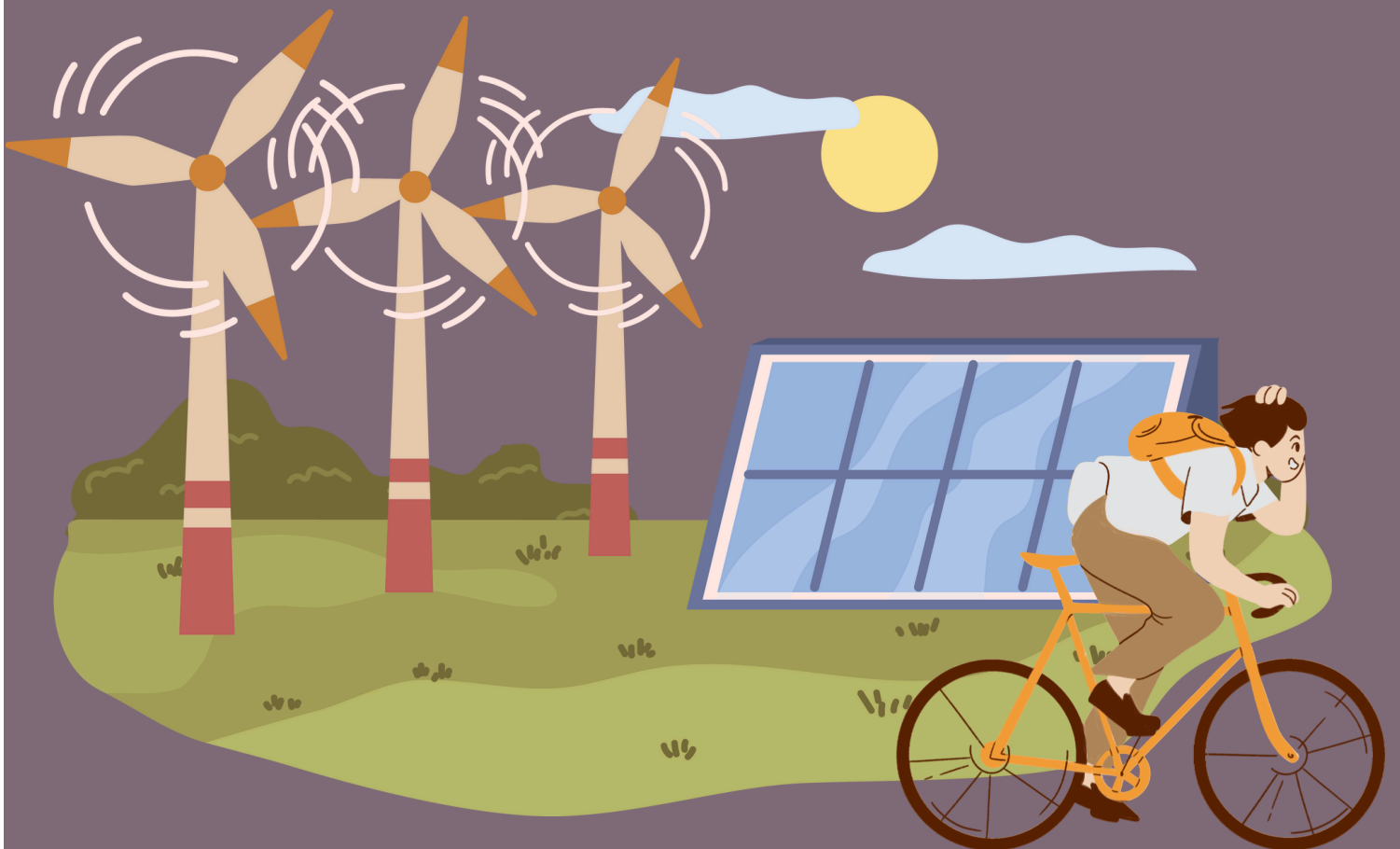
Beyond the coast, you'll find **bustling university cities** like Oldenburg, Bremen, and Hamburg, where education, sustainability, and innovation take center stage.

From leading research in **renewable energy** and space technology to a vibrant art, music, and **café culture**, the region is a dynamic place to live, learn, and grow.



Hamburg Speicherstadt

Northwest Germany offers excellent **bike-friendly infrastructure**, a high quality of life, and strong connections to both nature and industry.



About Oldenburg



Lappan,
Oldenburg's
landmark

At the heart of Northwestern Germany, Oldenburg is a city that seamlessly blends historic charm, royal heritage, and modern vibrancy. Once the capital of the Grand Duchy of Oldenburg, the city's rich history is reflected in its elegant neoclassical architecture, lively cultural scene, and welcoming atmosphere. The iconic Oldenburg Castle, now home to the State Museum for Art and Cultural History, offers a glimpse into its noble past, while the city's historic pedestrian zone - one of Germany's oldest - buzzes with cozy cafés, bustling markets, and independent boutiques.



The harbour



Oldenburg's castle

Oldenburg is also a pioneer in sustainability and bike-friendly urban living. The city's extensive cycling infrastructure makes it easy to get around, with many residents opting for their bikes in all weather conditions, even in true "Schietwetter" (bad weather), as an Oldenburger is never without their rain jacket!

The city's cultural calendar is packed with highlights, from the Kramermarkt, a historic funfair that brings excitement to the streets, to the Oldenburger Kultursommer, a multi-week festival featuring open-air concerts, theater performances, and art exhibitions in unique locations across the city. In winter, the Lambertmarkt (Oldenburg Christmas Market) transforms the historic center into a festive wonderland with twinkling lights, handcrafted gifts, and mulled wine.





Impressions



Studying Medicine in Oldenburg

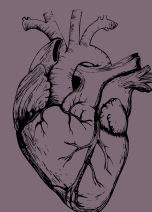


Founded in 2012 as part of Carl von Ossietzky University Oldenburg, our faculty - the Faculty of Medicine and Health Sciences (UMO) - was established in close cooperation with the University of Groningen in the Netherlands. Since then, Oldenburg has become a key center for medical training and healthcare in Northwestern Germany, shaping the future of modern medicine in the region.



What sets the UMO apart is its innovative approach to medical education. From day one, students engage with clinical and preclinical subjects simultaneously, fostering a deep understanding of medical science in real-world contexts. Research and communication training is highly valued, equipping future doctors with essential skills beyond traditional medical knowledge. The curriculum also emphasizes problem-based learning, early patient contact, and interdisciplinary collaboration, ensuring that students receive hands-on experience from the very beginning of their studies.

Additionally, students can broaden their horizons through various student associations.



Our Campus

The buildings in which medicine is taught at our university lie in the middle of our campus close to nature itself. The lecture halls are functional but modern and we have a newly renovated histology lab. Nonetheless, the heart of our faculty isn't labs but our clinical training center in which we have almost weekly classes, can participate in additional workshops as on suture and sonography and prepare for exams on advanced life support or else.

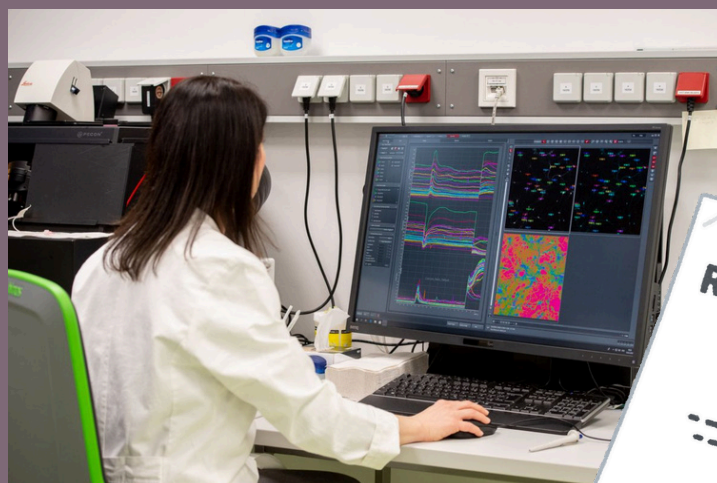
The rooms are also used by our several different associations as the critical med students ("Kritmeds") who organize workshops on ethically or socially interesting topics as anatomical reconstruction of female genitals after mutilation or "restart", a group that gives resuscitation classes at high schools and special need schools in Oldenburg. We would love to give you further insight when you come to visit!



Research

Neurosensory, hearing and healthcare are the main areas of research at the faculty of medicine in Oldenburg, trying to interlink natural science and clinical departments.

Furthermore the potential areas of rare diseases, oncology and mobile health are pursued. Since 2019 the faculty is cooperating with the Dutch university of Groningen in form of a cross border institute of healthcare systems and prevention to extend the research's influence.



What to Expect

As a newly founded association, we bring a fresh perspective and loads of exciting ideas to make your stay truly unforgettable. We're also flexible and happy to tailor our program to your interests!

Some of the activities we have planned include:

- Spending a day as an observer in a clinical department or a GP's office
- Gaining insights into modern healthcare research and exploring the future of evidence-based medicine
- Discovering the German paramedical system firsthand
- Participating in a hands-on suture workshop



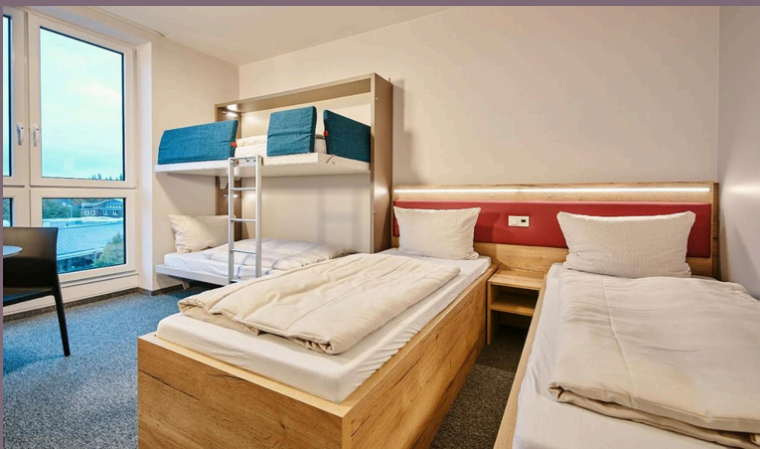
- Enhancing communication skills in an interactive workshop
- Learning strategies for mental well-being in a resilience workshop
- Taking a trip to the Northern Sea, Groningen, or Hamburg
- Experiencing Oldenburg's vibrant nightlife



We're looking forward to creating an enriching and memorable experience for you!

Accommodation

We are happy to accommodate you in **our flats** or to help you find accommodation that fits your expectations. The **youth hostel Oldenburg**, for example, is made for young people to stay over and persuades with a modern and clean environment. Costs would be approx. 50€ per night.



Cuisine



One of the most iconic dishes: “**Grünkohl mit Pinkel**” — a hearty kale dish served with a special smoked sausage. It’s best enjoyed during a “**Kohlfahrt**”, a winter tradition where friends and colleagues embark on a festive walk before indulging in a feast of kale, sausage, and schnapps.



Schwarzbrot



Don't miss Oldenburg's very own beer, “Ols”! 🍺



Franzbrötchen

East Frisian Tea Culture: The preparation of **Ostfriesentee** follows a special ritual, where **strong black tea** is poured over rock sugar (*Kluntje*) and topped with a drizzle of cream (*Wölkchen*).



Contact Details

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